

PRESS RELEASE
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LIFESTYLE EDITOR

DOES ANYONE REMEMBER HIPPOCRATES?

This past June my ADD/Autistic-like daughter graduated from New York University. I shed tears for two reasons. One was because of all she had accomplished. At 2-1/2 she looked like the child in *The Exorcist*, with legs and arms flailing and a wall built around her. Through dietary management and educational strategies, she had come a long way. Now she had a college diploma and was ready to conquer the world.

At this same graduation, young men and women in medicine were asked to stand and repeat the Hippocratic Oath. I again shed tears. This time it was tears of injustice. The California Medical Board has ruled harshly against a doctor who was doing nothing more than following the precepts of this oath: "The regimen I shall adopt shall be for the benefit of my patients according to my ability and judgment."

Dr. Robert Sinaiko, a California immunologist and internist, didn't follow the mainstream. His mind remained open to current research, here and abroad. He used this knowledge in his practice to help those patients other doctors considered unreachable. He will now lose his license because of this dedication. Although the defense lawyer skillfully disproved the allegations one by one, no one seemed to be listening. Instead they pointed to the steps of protocol: "As we know, ADHD is a psychiatric disorder and the only solution is pharmaceutical." Hey, would someone like to meet my daughter? She just graduated from NYU. She is a beautiful young lady about to become a productive member of society. We didn't use medication. For us, The Feingold Diet and the guidance of a doctor who cared was enough.

Maybe the Medical Board of California needs to get out in the real world. There are numerous studies that support the work Dr. Sinaiko is doing. Maybe someone also needs to look into the influence of the pharmaceutical lobby on this decision. All I know is that Dr. Robert Sinaiko is a dedicated medical professional and deserves praise – not condemnation – for following the "covenant and oath according to the Law of Medicine."

Submitted by
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